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## PRESS RELEASE

FOR IMMEDIATE RELEASE

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### **DuPage Regional Office of Education Announces Livestream Learning Opportunity**

#### **Psychologist to Present Strategies on Surviving and Thriving in the Face of COVID-19**

**Wheaton, IL, March 23, 2020**—DuPage Regional Superintendent of Schools Dr. Darlene Ruscitti, along with the Regional Office of Education and Glen Ellyn School District 41, invites the DuPage County community to participate in a live-streamed event with Dr. Nancy Zarse of the Chicago School of Professional Psychology.

Dr. Zarse, an expert in the fields of crisis and resilience, will offer strategies on managing crisis in healthy, constructive ways. She will share how to focus on those things in life that are controllable and how to harness the power of community to help everyone thrive.

Dr. Ruscitti encourages educators as well as parents to participate. “This is a unique opportunity to come together and learn how to better manage crisis situations. If we respond to the challenges of COVID-19 in healthy, positive ways, I truly believe we can see a lot of good result from it. This livestream will provide a foundation for doing that.”

District 41 Superintendent Dr. Melissa Kaczowski and Dr. Mike Robey of the DuPage ROE will join Dr. Zarse to share how school districts are working to support students, families, and communities during this crisis.

The first livestream event will be on Wednesday, March 25, 2020 from 6:30–7:30 p.m. Viewers can access the livestream and video archive at [www.d41.org/Domain/1047](http://www.d41.org/Domain/1047). Questions may be submitted to [dupagestrong@dupageroe.org](mailto:dupagestrong@dupageroe.org).

#### **About Dr. Nancy Zarse**

Dr Zarse is a professor in the Forensic Department at the Chicago School of Professional Psychology. She earned her doctorate from the Chicago School of Professional Psychology and completed her internship at the Federal Bureau of Prisons. She served as chief psychologist at two federal prisons and the director of Inmate

Administration at the United States Disciplinary Barracks at Fort Leavenworth, a maximum-security military prison. Clinical responsibilities included psychological evaluations, assessing risk of violence, individual and group therapy, and leading hostage negotiation teams.

Dr. Zarse is a consultant to the FBI's Countering Violent Extremism section and is one of three experts on a team awarded a grant for Countering Violent Extremism by the Department of Homeland Security. In addition, Dr. Zarse presents at national and international forums, and she provides expert commentary in media interviews and full-length documentaries.

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