Hello, and Happy Tuesday!

As the 2019-2020 school year winds up, we hope you are doing well, staying healthy, and geared up to finish strong.

Below are some resources and learning opportunities for you. Please take advantage of them and pass them along to your peers as appropriate.

**FEATURED LEARNING OPPORTUNITIES**

**20/20**
During the month of May, the DuPage ROE is offering 20 different online professional development sessions for only $20 each. Each session includes two hours of professional development/continued credit hours. Check out the flyer [here](#). Registration closes three business days prior to the session.

**WAIT for Middle and High School Students: June 2, 2020**
This overview training of Washington Aggression Intervention Training will introduce cognitive-behavioral interventions designed to assist youth with aggression, reduce anti-social behaviors, and offer an alternative of prosocial skills. For more information, click [here](#).

**Trauma Training for Special Education: June 8-9, 2020**
Join Dr. Melissa Sadin for a Zoom webinar that focuses on creating a trauma-informed classroom with a focus on special education students. Click [here](#) for more information on this free training, which is being provided through a BJA STOP grant.

**WAIT for Elementary School Students: June 10, 2020**
This overview training of Washington Aggression Intervention Training focuses on the elementary version of the social-emotional learning program. It is designed to assist youth with interpersonal skills, self-control in dealing with anger, and the process of problem solving. For more information, click [here](#).

**Administrator Academies**
The DuPage ROE is now offering a number of Administrator Academies virtually via the Zoom platform. Please see the [attached flyer](#) for dates and course offerings. Additional academies will be added in the coming weeks so check the ROE website for other course offerings.

**TIDE**
Registration for TIDE summer online courses is now available. See [this link](#) for a complete listing.

**CIVICS**
A list of course offerings for educators is available [here](#).

**NETWORKING**

**DuPage County Curriculum Directors Network:** June 5, 2020
**Elementary Principal K-8:** June 10, 2020

**RESOURCES FOR REMOTE LEARNING**
### GUIDANCE DURING THE PANDEMIC

**DuPage County Community Resources During Covid-19**
The DuPage County Prevention Team has compiled resources from our partners that are meant to share with your communities, schools, parents and teens.

**Illinois Educator Survey**
ISBE would like your feedback to better understand your needs as educators and employees during remote learning and the anticipated transition back to in-person school. Follow the link to complete a brief survey.

### MORE GREAT WEBSITES TO EXPLORE

**For educators and school personnel:**
- Curbing Teacher Burnout During the Pandemic (Edutopia)
- 5 Takeaways From My Covid-19 Remote Teaching (The Chronicle on Higher Education)
- Teachers Are Anxious and Overwhelmed, Need SEL Now More Than Ever (EdSurge)
- COVID-19 Students and Educators (Psychhub)
- There’s an App for That—School Counseling and SEL Go Online (Edutopia)
- Self-Care for Student Support Professionals During COVID-19 (Medical School of Michigan)

**For families:**
- Coping After a Disaster – A Ready Wrigley activity book for children age 3-10 (CDC)
- Fun With Kids Activities (IL Dept of Human Services)
- Helping Children Cope with Emergencies (CDC)

**For everyone:**
- How Mindfulness Can Help During COVID-19 (Child Mind Institute)
- Science-based strategies for coping with Covid anxiety (The Conversation)
- Coronavirus and your mental health: Two experts explain why we panic and how to cope (Toronto Star)
- Mindfulness and Meditation During COVID-19 (University of Texas, School of Public Health)

### SOCIAL MEDIA CONNECTIONS

Have you connected with us on social media? Check out our pages today and subscribe, follow, or like us to have access to the latest news, resources, and information.

Thank you for your dedication and creative, compassionate care for the children of DuPage County.
Follow the DuPage Regional Office of Education on Twitter @DuPageROE / #DuPageROE